

Oxford  
**PARKS & RECREATION**



Ready, Set,  
**RUN!**  
YOUTH RUNNING PROGRAM

RSR program equips runners with the physical training and goal-setting mentality to accomplish their goals. This program focuses on respecting authority, proper nutrition, building confidence and self-esteem, dealing with peer pressure, and completing a 5K at the conclusion of the program.

**June 2nd - July 31st**

Every Monday & Thursday

9:00 am - 10:30 am

**5K - Thursday July 31st**

Location: Oxford Community Park

Ages: 8 - 13 years

FEE:  
**\$100**  
\$110 NR

\*Includes T-Shirt  
& Manual

Register online: [www.cityofoxford.org/OPRD](http://www.cityofoxford.org/OPRD)



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