



Wellness Policy Assessment May 2021

The Talawanda Health Coordinating Council (HCC) seeks to create a healthier community by addressing non-academic barriers to learning, building upon family and community strengths, and involving families and other community members in all phases of student success. Our robust team, composed of both Talawanda faculty and staff, as well as dedicated community partners who have a vested interest in the health and well-being of Talawanda students, is committed to addressing these non-academic barriers to learning through program, practice, and policy.

Members of the Health Coordinating Council participated in the process of completing the WellSAT 3.0 tool to assess our local wellness policy. Through the process we were able to achieve a score for both the comprehensiveness and the strength of our current Wellness Policy. (Please see District Scorecard for results) The process allowed for members to engage in conversation regarding areas where our policy language can be strengthened to reflect our current practices. This tool also provides us with opportunities to engage in conversation specific to implementation and opportunities for growth.

In the fall of 2021, the Health Coordinating Council will convene to look through the WellSAT 3.0 District Scorecard to identify where it might be beneficial to strengthen our policy language. In addition, the HCC will use this document to set implementation goals for the District in the following areas:

- Nutrition Education
- Standards for USDA School Meals
- Nutrition Standards
- Physical Education & Physical Activity
- Wellness Promotion & Marketing
- Evaluation

The WellSAT 3.0 also offers resources, specific to each domain, to improve our District's policy and implementation practices. The HCC will review these in the fall and make recommendations to the Talawanda Board of Education as appropriate.

Please feel free to contact Amy Macechko, Talawanda Health & Wellness Coordinator, at macechkoa@talawanda.org with any questions regarding this process.

