

KT

TRAINING

TRAIN. TRANSFORM. TRUST THE PROCESS.

STRONGER YOU. BETTER EVERYDAY.


ALL LEVELS.
REAL RESULTS.

STARTING IN MAY (NEW CLIENTS)

GET HIIT (ADULTS)
MONDAY, WEDNESDAY, & FRIDAY
7AM-8AM & 9PM-10PM

\$25

ATHLETES & ADULTS

	INDIVIDUALS	\$75
	GROUP OF 2	\$65
	GROUP OF 3	\$50
	GROUP OF 4	\$35

READY TO LEVEL UP? BOOK NOW!



BOOK YOUR SESSION
ONLINE TODAY!

<https://book.squareup.com/appointments/Qqrxrwydw2nre7/location/LG81D4ZVYDXJP/services>


PERSONALIZED
TRAINING


BOOST
PERFORMANCE


BUILD
STRENGTH


ACHIEVE
YOUR GOALS



TEXT OR CALL

614.349.8707

LET'S GET TO WORK!

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