

# CINCINNATI CHILDREN'S RESILIENCE IN STUDENT EDUCATION (RISE) STUDY



Dear School Partners,

We are excited to announce an important new research study focused on promoting resilience and well-being among students with ADHD as they transition through adolescence. This study aims to understand what factors contribute to resilience and how we can support best students' well-being, school engagement, and academic success.

## Why are we doing this study?

Our goal is to better understand what promotes resilience across the transition of adolescence (starting in 5<sup>th</sup> grade) and to work with schools, students, and families to develop future programming to support student well-being, school engagement, and academic functioning among students experiencing difficulties with concentrating and disorganization/missing assignments, and/or hyperactive/restless behaviors.

## Who is conducting this study?

This study is directed by Stephen Becker, PhD, a researcher in the Center for ADHD at Cincinnati Children's Hospital ([stephen.becker@cchmc.org](mailto:stephen.becker@cchmc.org); 513-803-2066), and his colleague, Melissa Dvorsky, PhD, a researcher at Children's National Hospital in Washington, DC.

## Who is funding this study?

This study is funded by the Institute of Education Sciences (IES), the research arm of the U.S. Department of Education.

## Who will be in this study?

Students in 5<sup>th</sup> grade will be recruited in fall 2024 and 2025 from schools in Ohio, Kentucky, Indiana, DC, Maryland, and Virginia.

## How will students be identified for this study?

Parents of 5<sup>th</sup> grade students will receive information about the study and if interested can then complete a screening form. Parents will provide ratings used to identify students with high levels of attention problems. A school liaison can also ask families if they are willing to be contacted by the research team to learn more about the study. Families have the choice to participate or not participate in this study.

### Students who may be eligible to participate:

- Students in grade 5 experiencing difficulties concentrating, and/or hyperactive/restless behaviors
- Students who have trouble organizing themselves and /or consistently turning in assignments

To ensure *all* students can participate regardless of prior access to services, eligible students also include:

- Students with or without a previous diagnosis of ADHD
- Students with or without an IEP or 504 Plan

## What involvement is there for teachers?

For families that consent to participating in the study, teacher rating scales will be collected, which teachers always have the option to decline completing.

## What involvement is there for schools?

We will collect school records (e.g., grades) at the end of the academic year. All paper/mailling costs will be covered by the study – no cost to the school.

## What incentives are there for participating families?

Free evaluation that includes a mental health interview, abbreviated cognitive testing, and validated measures of attention, organization/planning skills, social/emotional functioning, with a summary of results provided to the family in a report. Transportation will be provided to families if needed. Families also receive \$100 for participating. Some students will be invited to participate in a Youth Advisory Board and they will receive \$150.

## What incentives are there for participating teachers?

Teachers who complete ratings for participating students will receive \$25 for each student they rate.

*Join us in this important endeavor to support student resilience and well-being! Sincerely, Dr. Stephen Becker.*

For more information, contact Dr. Stephen Becker [stephen.becker@cchmc.org](mailto:stephen.becker@cchmc.org)  
Learn more about the Cincinnati Children's Center for ADHD at: <https://www.cincinnatichildrens.org/service/c/adhd>



# RESILIENCE IN STUDENT EDUCATION

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We are excited to announce an important new Cincinnati Children's research study focused on **promoting resilience** and **well-being** among students with ADHD

## WHY?

The RISE study at Cincinnati Children's is focused on identifying what fosters resilience and improving student **well-being, engagement, and academic success**, particularly for students who experience **difficulties with paying attention** or **ADHD/ADD**

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## WHO?

### 5th GRADE STUDENTS

- Who experience difficulties with paying attention, organization, turning in assignments on time, hyperactivity/restlessness or impulsive behaviors
- This includes students with or without a previous ADHD diagnosis

## WHAT?

**PARENTS & STUDENTS** will complete questionnaires about academics, organization, time management, social support, and emotional health, and behaviors including attention

**TEACHERS** will also complete ratings about their students

## WHAT'S IN IT FOR YOU?



The first study visit includes a free mental health and academic evaluation at Cincinnati Children's and families will receive a **REPORT** describing the results

## PAYMENT



**FAMILIES** will receive up to **\$320** compensation for their time

## INTERESTED?



To complete our interest form, scan here or go to:

<https://redcap.link/RISEstudy>

## FOR MORE INFORMATION:

Visit our website: [studentresilience.org](http://studentresilience.org)

## Contact RISE Study Coordinator

513-803-6321 or [risestudy@cchmc.org](mailto:risestudy@cchmc.org)